

Outcome 1: Children have a strong sense of self:

Children develop their emerging autonomy, interdependence, resilience and sense of agency. They:

- Are open to new challenges and discoveries through obstacles.
- Persist when faced with challenges, and when first attempts are not successful.
- Recognise their individual achievements and the achievement of others,
- Take considered risk in their decision-making and cope with the unexpected when trying new experiences and practicing new skills

Children develop knowledgeable and confident self-identity. They:

- Celebrate and share their contributions and achievements with others through trying different obstacles
- Learn to interact in relation to others with care, empathy and respect.
- Show interest in other children and being part of a group, taking part in shared experiences.
- Empathise and express concern for others.

**E.Y.L.F Learning Area Links****Obstacle Course****Outcome 2: Children are connected and contribute to their word.**

Children develop a sense of belonging to groups and communities and an understanding of the reciprocal rights and responsibilities necessary for active community participation. They:

- Broaden their understanding of the world in which they live through discussion and participation in obstacles, making links to other life experiences.

Children respond to diversity with respect. They:

- Explore the diversity of culture, heritage, background, tradition and diversity presents opportunities for choices and new understandings, through discussion and making links with obstacles different people negotiate in their everyday lives.
- Become aware of connections, similarities and difference between people.
- Notice and react in positive ways to similarities and differences among people; some children have achieved a skill/obstacle, others are practicing to achieve.

Outcome 3: Children have strong sense of wellbeing.

Children become strong in their social and emotional wellbeing. They:

- Seek out and accept new challenges, and discoveries; celebrate their own and others efforts and achievements.
- Make choices, accept challenges, take considered risks, manage change and cope frustrations and the unexpected.
- Recognise contributions to shared projects and experiences.

Children take increasing responsibility for their own health and physical wellbeing. They:

- Engage in increasingly complex sensory motor and movement patterns through outdoor play.
- Demonstrate spatial awareness and orient themselves, moving around and through obstacle course equipment and experiences confidently and safely.
- Use equipment and tools with increasing competence/ skill
- Increase awareness of healthy lifestyle choices.
- Show enthusiasm for participating in physical play, ensuring the safety and wellbeing of themselves and others when trying and practicing new skills and equipment.

Outcome 4: Children are confident and involved learners

Children develop dispositions for learning such as curiosity, cooperation, confidence, commitment, enthusiasm and persistence. They:

- Are curious and enthusiastic participants in obstacle courses.
- Persevere and experience satisfaction of achievement.
- Persist, even when a task is difficult.

Children develop a range of skills and processes such as problem-solving experimentation, hypothesis, and investigation. They:

- Inquire, experiment, research and investigate different obstacles and ways to move.
- Manipulate objects and experiment with cause and effect, trial and error and motion.

Children transfer and adapt what is learned from one context to another. They:

- Develop an ability to mirror; repeat and practice the actions of others,
- Try out strategies and skills that were effective from one experience to another.

Children resource their own learning through connecting with people, place, technologies, and natural and processed materials. They:

- Manipulate resources to investigate, take apart, rebuild, invent and construct.

Outcome 5: Children are effective communicators

Children interact verbally and non-verbally with others for a range of purposes. They:

- Engage in enjoyable interaction using verbal and non-verbal language discussing and relating.
- Contribute their ideas and experiences in play; small and large group discussions.
- Demonstrate an increasing understanding of measurement and number using mathematical vocabulary to describe height, length, size and speed (time).

Children engage with a range of texts and gain meaning from these texts. They:

- View and listen to printed, visual and multimedia texts; respond with relevant actions, comments or questions in relation to obstacle constructions.
- Learn , rhymes, stories and sing songs relating to movement in and around the obstacle course.

Children express ideas and make meaning using a range of media. They:

- Develop an understanding that symbols such as numbers, letters, signs, colours are a powerful means of communication; ideas, thoughts and concepts can be represented through them.

Children use information and communication technologies

- Use technology in everyday life and use real, imaginary and create props in their play.
- Use ICT to access images, explore and make sense of the world and their constructions.